

Jake Kahana

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WORKSHOP AND FACILITATION CAPABILITIES

Contact me about pricing and keynote talks

Workshops

The Great List

90 minutes

A workshop dedicated to training on how to be more creatively independent. We'll work through a series of activities to understand the creative process better and identify an objective list of what makes great creative work. It's great for young creatives and newly forming creative teams to unify on a set of foundational vocabulary and establish a team process.

Better Ideas, Faster

90 minutes

This workshop is meant to help creative teams generate ideas faster. Usually paired with "The Great List" workshop, we'll use some of the learnings from that- what makes great creative work- to start generating ideas at the core of what makes great creative work. Teams will leave with a set of new ideation tools and lateral thinking exercises to come to solutions faster.

Career/Goal Planning

3 Hours

Most people are terrible at setting goals and designing a career plan. And those of us that do have a hard time sticking to them. This workshop (can be tailored more towards career planning or towards team goal-setting) creates an easy structure for setting up success when it comes to setting and achieving your goals. We'll take different creative approaches to creating a vision, breaking down future plans by category and into manageable tasks.

Building a Team Manifesto (Caveday)

120 minutes

As teams start to form, expectations and rules are very rarely explicit. But teams need to know how to work together better. Using the first day of kindergarten as a metaphor for learning and building rules as a team, this 2 hour facilitated discussion will leave your team with a manifesto and list of rules, expectations, values, and things to learn. This makes employees feel more heard and valued, which increases retention and speeds up onboarding.

Productivity Without Distractions (Caveday)

60 minutes - Can be extended to 90 minutes

We live in a distracting world. Constant notifications, meetings, interruptions and technology that ends up working against us instead of with us. This workshop will give you the tools for removing distractions and showing the latest science and research of productivity to help you and your team do your best, focused, deepest work.

Something New?

If you have something else in mind, I love developing new curricula, workshops and talks.

General topics include personal development, productivity, creative process, and emotional intelligence at work.

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Bio

Jake Kahana is an artist and a teacher pioneering the future of work.

As a former advertising creative director for a decade, he learned how to develop brands, pitch stories, and execute ideas quickly, solving business problems for some of the world's biggest brands. He's taken that process and experience to develop workshops and give talks on the creative process, finding purpose and clarity in life, and designing new ways of working to improve how teams work together.

In 2016, he cofounded Caveday, a company built around facilitated deep work. Caveday has local active communities in NYC and LA and runs remote deep work sessions for a global audience. Jake also develops the concepts and content for corporate workshops and team training programs, leading organizations to stronger teams through productivity.

Jake's artwork has also been showcased and celebrated around the world and his personal projects have been featured in WIRED, FastCo, and The Huffington Post. As a creative director and brand consultant, his client work is not only award-winning, but has been nominated for an Emmy, parodied on Late Night TV, hit the Reddit top 10 (#6!), and included in the MoMA permanent collection.

He is a US faculty member at The School of Life and teaches college courses at institutions in NYC every year. He currently lives in Jersey City, NJ with his wife and daughter where he spends his downtime learning digital photography and Hebrew and working on the perfect dad joke.

I've Lead Workshops and Courses at



Testimonials

"Jake came in and hosted a workshop... it was a transformative experience for me and our team. The takeaways we got from this experience will forever shift our workplace culture for the better."

-Carolyn Rush,
VP Strategy, Worn

"Thank you so much for such an inspiring and fun lecture; it was the best I've heard. I really appreciated how you shared your real experience with us."

-Aurora Kaye,
Workshop participant at
University of Oregon

"I enjoyed your class a lot more than any other this semester. The course was genuinely fun. You learn *and* you feel good simultaneously — this is rare. Thanks for cultivating that atmosphere; I don't think I would have survived this semester without it."

-George N,
Student at City College of NY